

R.S.V.P.

Phone: 808-435-3006, Extension 7 *Leave a message and one of our support specialists will call you back.*

Email: support@armsofaloha.com

PET LOSS SUPPORT GROUPS

Connect with others who understand how difficult it is to lose a beloved animal friend.

VISIT US ONLINE

Find out more information online, or learn how you can contribute to this important community resource:

armsofaloha.com/support-groups



Hospice for Pets – Pain Management – In-Home Euthanasia

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PET LOSS SUPPORT GROUPS

MAKING CONNECTIONS AND PROVIDING SUPPORT TO THOSE WHO ARE GRIEVING THE LOSS OF A BELOVED ANIMAL COMPANION.

TIPS FOR SELF CARE

- Take a break from work if it feels right to do so.
- Maintain a healthy diet, exercise, and sleep schedule.
- Honor your pet's memory by doing something kind for someone else.
- Remember that grief has no time line. Everyone deals with grief differently.
- Your feelings may dull over time while your love remains strong.



Arms of Aloha is pleased to offer FREE **PET LOSS SUPPORT GROUPS to anyone** who needs support for a previous or impending loss of a companion animal.



Facilitated by professional therapists and certified pet loss support counselors.

- CONVENIENT KAILUA LOCATION WHERE:
- FREE PARKING
- WALK INS WELCOME

PLEASE JOIN US

970 N. Kalaheo Avenue **Building A, Suite 308** Kailua, HI 96734

- R.S.V.P.
- Fridays from 5:30 6:30 p.m. WHEN:

Pali Palms Building (Near Pinky's)

808-435-3006 x 7